

W I N T E R 2 0 1 2

Family Connections

The Helen Bernardy Center for Medically Fragile Children

New Year, New Building

Moving right along... We are in the midst of construction and refurbishing of our new location so that we may meet our scheduled move date of the first week in February 2012. We're requesting your assistance by participating in our "Spring Clean" this Fall and Winter season to assure we "fit" in our new space. Bernardy staff will be going through our "stuff" and getting rid of items that are no longer in use or necessary. We would appreciate your help in sorting through your child's clothing and personal items to do the same so we may assure each child's necessary items will "fit" in their new home. Please know that we'll plan a tour of the unit for families as soon as we are given the okay from Facilities Department that it's safe and that the remodel is complete!



Friends in Our Community The Kahler Foundation

We're extremely fortunate to have the wonderful support of friends in our community! This past year, HBC was the recipient of the Kahler Foundation award of \$10,000. What did we do with this most generous gift? We were able to: send thirty children to Camp Able in Coronado; purchase a new bubble machine (with colorful fish swimming through the water); vibrating pillows; adaptive switches and over fifty hours of entertainment by our talented Healing Arts staff (story tellers, a harpist, guitarist, accordion player and visual artists). Because of the Kahler Foundation donation, we were able to provide many hours of fun and relaxation for the kids this summer and throughout the year.

Contacts: Call us at (858) 966-5833 or email us:

Susy Kaplan-Schick, Program Manager (skaplan@rchsd.org)
Tricia Grant, Social Worker (tgrant@rchsd.org)
Bob Davis, Recreation Therapist (bdavis@rchsd.org)
Barbara Knight, Parent Representative (blk9903@gmail.com)

Halloween Party a Success!

Our annual Halloween Party was a huge success! Our kids enjoyed a lively mariachi performance, fun crafts and of course, pumpkin carving and costume contests. What great volunteers we have!

Schools Out for Winter Break!

Upcoming school Winter Break: Monday, 12/19/11 through Monday, 1/2/12. We hope to see lots of families during your visits to the facility through this season. To help maintain a healthy environment for your child and all our families, please remember that good hand hygiene is critical to reduce the risk of spreading infection. Please always gel in when you enter the facility and go in/out of your child's room. If anyone is ill at home or you are feeling a little under the weather, please plan on visiting another time when you feel well. Thank you in advance for helping all the children and families stay healthy through the holidays. Wishing you a safe and happy holiday season!!!

Upcoming Holiday Festivities

Holiday Festivities include: Holiday Party (pictures with Mr. and Mrs. Claus), field trips to see holiday lights, ice skating at Horton Plaza, and many more fun events.

Parent/Family Forms Notebook

"HBC Parent/Family Forms" notebook: This blue notebook sits at the front desk and includes forms or paperwork that may need your review or signature; sometimes, they are papers for you to keep. When you come in to visit, please check in with the receptionist or Charge Nurse to see if there is anything for you in the notebook. Signed items may be returned to Susy or Tricia.

IDT Meetings

Interdisciplinary Team (IDT) Meetings: Each quarter you receive an invitation to attend your child/family member's IDT meeting. You are the most valuable member of our team and it's essential that you have input to your child/family member's plan of care. Please plan to attend at least one of these meetings in person as it helps us to have a clear understanding of your expectations about your child/loved one as well as share information about his/her care needs. Please know we're always able to provide a speaker phone if you are unable to attend the meetings in person.

