

The Specialist

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Message from the President Herbert C. Kimmons, M.D., M.M.M.



Herbert C. Kimmons, M.D., M.M.M.

I am very pleased to share with you that *U.S. News & World Report* has ranked Rady Children’s among the nation’s best in its 2011-2012 survey of *America’s Best Children’s Hospitals*. Of the ten pediatric specialties surveyed by *U.S. News*, Rady Children’s scored a perfect 10! Congratulations to Rady Children’s Specialists divisions of Cardiology/Cardiovascular Surgery, Endocrinology, Gastroenterology, Hematology/Oncology, Neonatology, Nephrology, Neurology/Neurosurgery, Orthopedic Surgery, Respiratory Medicine (including asthma services) and Urology. This honor shines a light on the superior work all members of Rady Children’s Specialists do every day.



In addition to highlighting our *U.S. News* rankings, we are introducing our new Chief of Gastroenterology, honoring two physicians who are taking the national stage, informing you of the latest EMR app on the iPhone, announcing the availability of a new MRI scanner, and letting you know we are looking for patients to participate in a couple of clinical trials.

I hope you enjoy this issue and welcome your feedback.

Herbert Kimmons MD

In This Issue

Rady Children’s Ranked Among the Nation’s Best.....	Page 2
Rady Children’s Specialists: <i>In the Community</i>	Page 3
<i>New Services</i> : MRI Center at Rady Children’s Hospital.....	Page 3
Physician Achievements and Honors.....	Page 4
<i>Introducing</i> : Ariel E. Feldstein, M.D., Division Chief, Gastroenterology.....	Page 4
<i>New Technology</i> : MyChart for the iPhone.....	Page 5
Research Studies at Rady Children’s.....	Page 5
About Rady Children’s Specialists of San Diego.....	Page 6



The Specialist

Rady Children's Ranked Among the Nation's Best

U.S. News & World Report's 2011-2012 America's Best Children's Hospitals

Rady Children's Hospital achieved rankings in all ten pediatric specialties surveyed by *U.S. News & World Report* in its comprehensive survey to identify the top children's hospitals in the country. With 177 children's hospitals in the United States participating in the survey, the top rankings place Rady Children's among the nation's elite for the third year in a row.

"The goal of the Best Children's Hospitals rankings is to call attention to pediatric centers with the expertise to help the sickest kids, and Rady Children's is one of those centers."

Health Rankings Editor Avery Comarow

The 2011-2012 edition of *America's Best Children's Hospitals*, the most extensive listing of its kind, recognized the top 50 children's hospitals in 10 specialties: cancer, cardiology and heart surgery, diabetes and endocrinology, gastroenterology, neonatology, nephrology, neurology and neurosurgery, orthopedics, pulmonology, and urology.

"The results are even more remarkable when you consider that many of the top-ranked children's hospitals in this survey are more than 100 years old and have built their reputation for treating children, teaching doctors and conducting research over generations," said Kathleen Sellick, President and CEO of Rady Children's Hospital. "Rady Children's is only 57 years old and is still growing in its reputation as an academic medical center. We're honored to be recognized for our achievements."

Now in its fifth year, *America's Best Children's Hospitals* gathers clinical and operational data through surveys completed by the majority of the 177 hospitals asked to participate in the 2011-12 rankings. The survey asks hundreds of questions about nurse staffing, survival rates, subspecialty availability, and many more pieces of critical information difficult or impossible for those in charge of a child's care to find on their own. The survey data is combined with recommendations from pediatric specialists on the hospitals they consider best for children with challenging problems.

Rady Children's Top 50 rankings are:

- Orthopedics [#4]
- Urology [#13]
- Neonatology [#21]
- Diabetes & Endocrinology [#24]
- Cancer [#25]
- Pulmonology [#28]
- Nephrology [#29]
- Cardiology & Heart Surgery [#30]
- Gastroenterology [#31]
- Neurology & Neurosurgery [#37]



The 2011-2012 rankings are now available at USNews.com/ChildrensHospitals and will be featured in *U.S. News & World Report's Best Hospitals* print guide, available on Amazon.com in mid-August and on newsstands August 30.

The Specialist

Rady Children's Specialists: In the Community

STOP Sports Injuries Community Event Held

Rady Children's Division of Orthopedics collaborated with STOP Sports Injuries, The American Orthopaedic Society for Sports Medicine, SportsMed Surgery, UC San Diego Health System, and the San Diego Chargers for an interactive event held on Saturday, July 9, for athletes, parents, coaches and athletic directors.

Former NFL members spoke with attendees about injuries from a professional athlete's perspective. The athletes discussed their personal injuries and perspective on how many injuries could be prevented in today's young athletes.

Andrew Pennock, M.D., Pediatric and Adolescent Orthopedic Sports Medicine Specialist with Rady Children's Specialists, opened the lecture series with *Why Sports Injuries Occur* and moderated the panel for a question and answer series with the experts and players.



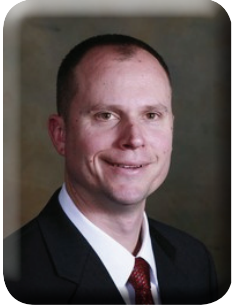
New MRI Scanner at Rady Children's Hospital Sharp and Children's MRI Center

On July 13, Sharp and Children's MRI Center showcased its recently opened MRI scanner inside the Acute Care Pavilion at Rady Children's. The state-of-the-art GE Discovery MR450 features a Cinema Vision system that allows children to watch a movie or listen to music while being scanned. Getting an MRI can be a stressful experience that often requires young patients to be sedated. Studies have shown that entertainment during an MRI exam can soothe anxiety and minimize claustrophobia, leading to faster and better exams. Rady Children's is the only hospital in San Diego with this innovative technology. To make the process even more kid-friendly, the entire MRI suite – including the MRI itself – is decorated in a cartoon sea creature theme.



The Specialist

Physician Achievements & Honors



*Eric W. Edmonds, M.D.
Pediatric Orthopedic Surgery*

During the most recent annual meeting of the Pediatric Orthopaedic Society of North America (POSNA), Eric W. Edmonds, M.D., was elected as one of three North Americans to represent the organization during the POSNA/Biomet Pediatric Orthopaedic Traveling Fellowship to South America.

Dr. Edmonds will travel to pediatric centers of excellence to exchange ideas in the treatment of children in Buenos Aires, Argentina, and Santiago, Chile. The trip will culminate at the annual meeting of the Sociedad Latino Americana de Ortopedia y Traumatologia Infantil (SLAOTI) in Porta Varas, Chile this November.



*John Bradley, M.D.
Pediatric Infectious Diseases*

The week of July 5, John Bradley, M.D., Division Chief of Infectious Diseases, was in Washington, D.C. representing the American Academy of Pediatrics and Rady Children's on the safety of the anthrax vaccine for children. We're proud to have our physicians taking the national stage on behalf of our kids and children everywhere.



*Rady Children's Specialists Division of Gastroenterology
Welcomes Ariel E. Feldstein, M.D.*

Dr. Feldstein joined Rady Children's Specialists in July 2011. He earned his medical degree with honors from the University of Buenos Aires School of Medicine, was a post-doctorate Fellow in the Department of Physiology at the Mayo Clinic, a Fellow in Pediatric Gastroenterology and Nutrition at Mayo Clinic, as well as a Research Trainee in the Gastroenterology Research Unit at Mayo Graduate School.

Dr. Feldstein joins us from Cleveland Clinic in Ohio where he was the Director of Pediatric Research, and was general staff in Pediatric Gastroenterology and Cell Biology. He has numerous awards and honors that span over the last decade; including his most recent recognition in 2010 for Who's Who in Science and Engineering and being recognized as a Best Doctor from 2007 to 2010.

The Specialist

MyChart for the iPhone

Patients Can Now Access Their Medical Record on Mobile Devices

MyChart at Rady Children's, which provides patient families with secure, instant connection to parts of their child's medical record, is now available for the iPhone. Once families have a MyChart account, they are able to download the free iPhone application from the App Store and select Rady Children's Hospital.

Offering MyChart for iPhone to parents can increase patient satisfaction by providing free access to their child's health information instantly, even on the go.

The first version of MyChart for iPhone includes many of the core features including test results, messaging, appointment management, and a health summary.

Additional features will become available in future releases. To learn more about MyChart for the iPhone, visit www.MyChartatRadyChildrens.org.



Looking for Patients!

Research Studies at Rady Children's *Pediatric and Adolescent Dermatology*

Acne Study

Although many acne-fighting treatments are available, researchers continue to develop improved anti-acne products. This study will test an experimental topical acne cream and is now enrolling subjects. Subjects should be 12 years of age or older and have moderate facial acne. Families will receive a stipend for time and travel.

Facial Hemangioma Study

The study will compare the effectiveness of five doses of a study medication in infants requiring treatment for facial hemangioma. Subjects should be 1 through 4 months of age (up to 150 days of age), otherwise healthy, and have an untreated hemangioma. If enrolled, families will receive visits with Dermatology staff, payment for participation, and study medication at no cost.

For more information please call the Pediatric and Adolescent Dermatology Research Office at (858) 966-1700, Ext. 4295.



About Rady Children's Specialists of San Diego

We are committed not only to offering the most advanced diagnostic and therapeutic options, but also to providing responsive customer and patient service. RCSSD's physicians are pleased to provide health services ranging from one-time consultation to comprehensive treatment and follow-up, and are committed to maintaining effective communication to provide the best care.

Our Mission

To provide specialty services that are state of the art, comprehensive and family-centered in order to improve the health and well-being of infants, children, adolescents and mothers with high-risk pregnancies.

Our Vision

To be the premier provider of healthcare to infants, children, adolescents and mothers with high-risk pregnancies, through excellence in clinical care, research, teaching and advocacy.