

**Saturday, July 25, 2015**

7:00 AM - 1:30 PM

7:00 AM - Registration and Breakfast Buffet

**(Food not allowed in the auditorium; arrive early to enjoy breakfast before 8:00 am)**

8:00 AM - Program Begins

UC San Diego, Warren College, Calit2 Bldg. - Atkinson Hall

Voigt Dr., La Jolla, CA 92093 (Map attached)

**Earn 4 CME Credits!**

**\$25 | Early Registration Fee before July 17**

**\$40 | Registration Fee after July 17**

Don't miss this incredible CME opportunity provided at a minimal fee as a benefit to those serving the children of our region. Based on physician feedback from previous course surveys, we are pleased to offer these six lectures:

**Managing and Preventing Running Injuries**

*Suraj Achar, M.D.*

Sports Medicine

**Back Pain in the Adolescent Athlete**

*Vidyadhar Upasani, M.D.*

Orthopedics

**Panel Discussion: Healing the Injured Athlete**

*Henry Chambers, M.D. - Orthopedics*

Aaron Cook - Acupuncture

Susan Collins, PT - Physical Therapy



**Managing the High Performance Athlete**

*Lauren Loberg, Ph.D.*

Sports Psychology

**Performance Pressures in Youth Sports**

*Jeff Jones, Ph.D.*

Sports Psychology

**Nutrition and Eating Disorders in Young Athletes**

*Maya Kumar, M.D.*

Adolescent Medicine

**Moderator**

Seth Pransky, MD

Division Chief, Pediatric Otolaryngology

Medical Director, Satellite Services, Rady Children's Hospital-San Diego

**Objectives:** At the conclusion of this course, participants should be able to 1) reference state-of-the-art clinical methods; 2) cost effectively respond and manage routine and non-routine illness using the latest medical interventions; 3) comprehend the topic disease processes, potential complications and therapeutic implications; 4) articulate new insights into the evolution and treatment of pediatric disorders; 5) differentiate when to self-manage and when to refer to a pediatric specialist.

**Accreditation:** The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CME Credit:** The University of California, San Diego School of Medicine designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following Boards recognize the use of Category 1 Continuing Medical Education credit toward credit for contact hours. Report "CME Category 1 credit" ACCME Provider.

American Academy of Physician Assistants  
California Board of Registered Nursing

California Board of Psychology MCEP  
California Board of Pharmacy

Please Register & Pay by July 17, 2015  
to benefit from reduced registration fee.

Name \_\_\_\_\_ Office \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Circle \$25 by July 17 OR \$40 after July 17**

Check or Money Order Payable to: RCHSD  
For Credit Card payment: Visa/MasterCard/American Express/Discover

CC# \_\_\_\_\_ Exp. \_\_\_\_\_ Billing Zip Code \_\_\_\_\_ Security Code \_\_\_\_\_

Mail to: Rady Children's Hospital-San Diego  
3020 Children's Way, MC 5101, San Diego 92123 Attn: Berenice Lucero  
Questions - [blucero@RCHSD.org](mailto:blucero@RCHSD.org) or (858) 966-7572 or FAX (858) 966-4957

**Cancellations received on or before July 17, 2015 will be fully refunded.**  
**Due to costs incurred, cancellations received after July 17, 2015 will not be refunded.**  
**"Any profits from this event will be used to benefit future practical pediatric educational events"**