

My trip to the doctor



Rady Children's





I am going to see the ear doctor.



The doctor's office is in a big building on the 4th floor.



We can take the elevator to the 4th floor.



When we get off the elevator we will walk to the doctor's office.



There will be chairs in the waiting room I can sit on.



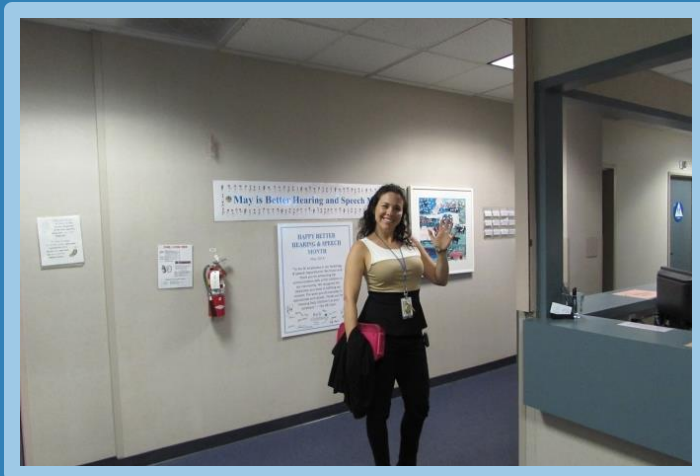
We will check in to let the doctor know we're here



I can play with toys in the waiting room.



I can play with toys while I wait for the doctor.



The doctor will call my name when it's my turn.



We will go into the exam room.



The doctor is nice and has toys in the room.



My parents can stay with me in the exam room.



I can touch the machine if I ask nicely.



The doctor will look in my ear; it won't hurt.



It might feel cold and tickle my ears a little.



Next we will go into a special room with a window so the doctor can test my ears.



I will sit down at the table and get soap to clean my hands.



If I'm a good listener, I get to play with toys in the special room.



It's fun playing with toys in the special room.



I can't touch the wires of headphones until the doctor helps me.



The doctor will help me put the headphones on to test my ears.



The headphones will be tight on my head but it won't hurt.



Next I will try tiny earphones. I can touch them if I follow directions.



The doctor will put one in each of my ears.



I will look like a silly bug with the tiny earphones in my ears.



The doctor will ask me questions and I will be a good listener.



The doctor will sit outside the window and look at me.



We will have to close the door turn off the lights for a few seconds to check my ears.



Then I can take a break and walk to another room with more toys!



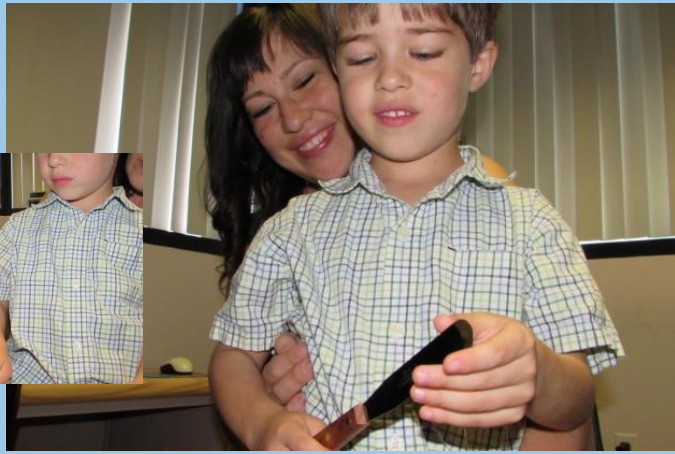
I can sit on mom or dad's lap while the doctor gets the tools ready.



I can touch the tools to see that they don't hurt.



The tools won't hurt my hands or my ears.



I like the doctor's tools.



If I ask nicely the doctor will let me wear gloves too!



Now it's time to look in my ears; it might feel cold and tickle a little.



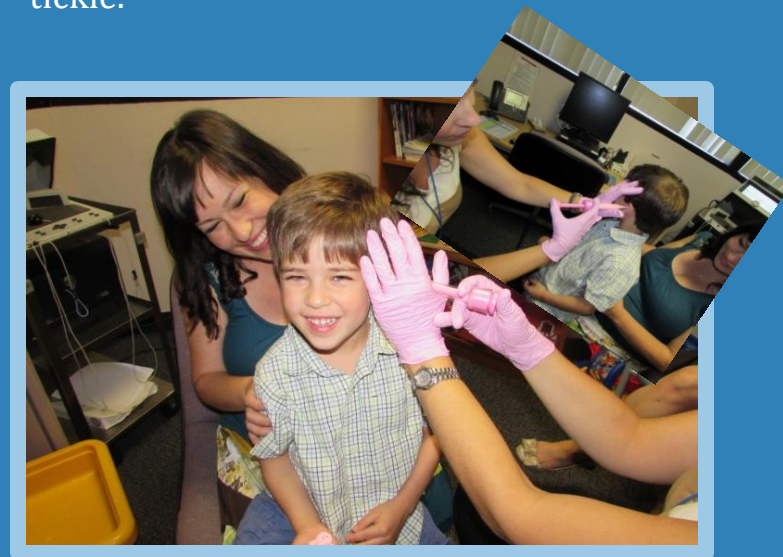
It makes the doctor happy when I am a good listener.



The doctor will use the tools to protect my ear with gauze and string. It might tickle.



The doctor will mix clay to put in my ear.



It will feel cold when the clay goes in my ear; it won't hurt.



I can play with the toys while the clay in my ear dries.



Soon it will be time to pull the clay out.



If I ask nicely, I can make a rubber bouncy ball with the left over clay!



Everyone will be proud of me for being brave at the ear doctor!



I might get a sticker or a treat from the deli downstairs when we are all done.

