

# The Specialist

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Rady Children's Specialists of San Diego  
A Medical Foundation

The Specialist Newsletter is a quarterly publication from Rady Children's Specialists of San Diego, a Medical Practice Foundation. Here we share with you the latest news about pediatric care in the community.

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**From the Desk of  
Herbert C. Kimmons MD, MMM**  
Executive Director, RCSSD  
President, CSSD  
Dean of Children's Clinical Services,  
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## Top Story

### **Rady Children's to Manage El Centro's Outpatient Clinics**



Rady Children's, through a management agreement with El Centro Regional Medical Center (ECRMC), began managing El Centro's Outpatient Clinic (Rural Health Centers) in both El Centro and Calexico on February 2016. Rady Children's will provide a medical director and operations manager to oversee these clinics.



### ***New antibiotic rules are key in superbug fight***

The fight against antibiotic-resistant superbugs just got closer than ever to the front lines. Two highly influential health organization - the U.S. Centers for Disease Control and Prevention and the American College of Physicians - have published new guidelines calling for better stewardship of antibiotics among primary care doctors.

Dr. John Bradley, director of the infectious disease division at Rady Children's Hospital said an antibiotic stewardship program that he helped create in the late 1990s had educated parents about when their children may benefit from antibiotics and when they likely won't. To see the San Diego UT article, [click here](#).



**Dr. John  
Bradley**

*In The News* is a digital newsletter featuring recent news coverage of Rady Children's Hospital, internally produced videos and highlights from social media. To see the latest issue, [click here](#).

## ABC Clinic Now Open!

We are pleased to announce the opening of Rady Children's Specialists (RCSSD) ABC Clinic on February 29. ABC stands for *my Acceptance, my Body and my Confidentiality*. The ABC clinic will be offered through RCSSD's Pediatric and Adolescent Gynecology Division to provide confidential, reproductive health care to male and female adolescents. These confidential services may be paid for by the California Family PACT Program, which provides funding for certain family planning services at no cost depending on patient eligibility. Patients who may be eligible include those who have no third party or other health care coverage for contraceptive methods. Individuals who are experiencing a barrier to access due to inability to obtain confidential family planning services may also be eligible. Enrollment into the program, if appropriate, will occur at the time of the visit to ABC Clinic.



The ABC Clinic is located at 7920 Frost Street, Suite 200, San Diego, CA 92123. It is open for scheduled services at the following times:

- Monday and Wednesday mornings
- Thursday and Friday afternoons

We are pleased to be offering this much needed service to promote the health and well-being of our adolescent community. The ABC Clinic can provide:

- Contraceptive counseling
- Rx and placement of contraceptive devices
- Testing and treatment for all sexually transmitted infections
- Pregnancy testing
- Emergency contraception

We have created business cards to be shared with your patients who may benefit from the ABC Clinic. If you would like to order business cards, please contact *Berenice Lucero* at

## Behavioral Health Pathways



We want to share with you the Behavioral Health Pathways (BHP) as a new referral mechanism in EPIC for providers to connect their patients with behavioral health services. You can use REF8 from the facility list in EPIC to find this referral. With this edition, we have created a table of these services which will give providers a description of the services, the contact information and inclusion and exclusion criteria for each program. To look at the table, [click here](#).

You can use this table as a resource for parents when you make a BHP referral. For example, there are sections on: Autism Discovery Institute (ADI), Chadwick Center, Developmental Behavioral Pediatrics, Developmental Evaluation Clinic (DEC), Healthy Development Services (HDS)- includes C3, KidSTART, Psychiatry and Smart Care.

For more information on creating a BHP referral in EPIC, [click here](#).

## The Chronic Pain Clinic is now accepting referrals!

The outpatient Chronic Pain Clinic, affiliated with our Rehabilitation Medicine division, offers an interdisciplinary approach to treating children and adolescents. Among the conditions treated are headaches, complex regional pain syndrome, neuropathic pain, fibromyalgia, back pain and abdominal pain.

The goals of the treatment program are to help patients:

- Deal with pain more effectively
- Maintain function
- Stay in school or return to school
- Improve their quality of life



The Chronic Pain Clinic is located in the Medical Office Building on the third floor. A referral can be placed through EPIC. For more information, you can visit their website by [clicking here](#) or by calling 858-576-1700 x 2678.

## Rady Children's Sleep Center

The Sleep Center, directed by [Rakesh Bhattacharjee, M.D.](#), specializes in diagnosing and treating pediatric sleep disorders, including obstructive sleep apnea, obstructive and non-obstructive hypoventilation, central apnea, primary snoring, and disorders of hypersomnia including narcolepsy.

Our sleep medicine specialists are board certified, with expertise in sleep-related breathing disorders. To arrive at a diagnosis, the doctors may first evaluate your child to see if an overnight sleep study, or polysomnography, is needed. If a sleep study is necessary, your child and one parent/guardian spend the night in an environment designed to relax the young patient, promoting normal



**Dr. Rakesh  
Bhattacharjee**

sleep.

To learn more about the Rady Children's Sleep Center, [click here](#).

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## Developmental Services at Rady Children's Health Services



In July 2014, Developmental Services moved to their new space at Rady Children's Health Services (RCHS), formerly known as Plaza, located at 3665 Kearny Villa Road. This move brought all of the Developmental Services departments on the main campus together and has strengthened interdisciplinary partnerships, supports training across departments, and increases coordination of services, thereby further connecting the dots for our patients and families. This co-location in nearly 40,000 square feet is taking collaboration and integration across all our departments to a whole new level.

If you haven't had an opportunity to see their new space at RCHS, Developmental Services' leadership would love to give you a tour. Here's a sneak peek of the 360 Sports Medicine gym and Adventure Alley used by OT and PT.



To arrange a tour, please call 858-966-7715.

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## Rady Children's Epilepsy Program Centers on Improved Quality of Life

The Epilepsy Evaluation and Treatment Program uses a multidisciplinary approach to meet patients' individual needs, as well as advancements in technology to improve their quality of life and enhance the understanding of childhood epileptic disorders.

The team includes pediatric epileptologists, neurosurgeons, neuroradiologists, neurodiagnostic technologists, nurses and neuropsychologists.



The EEG laboratory has been ABRET accredited since 2014 and performs outpatient and routine EEGs, ambulatory EEGs and outpatient video EEGs. For selected patients who may benefit from more detailed evaluation, inpatient video EEG monitoring is performed in a specialized unit of the Hospital. Mobile video EEG monitoring stations are used in an area where nursing staff is trained to evaluate patients with seizures according to specified protocols, assuring patient safety and proper assessment during seizure events. Video EEG data is accessible to clinicians through the hospital computer network.

Minimally invasive surgery may be performed using ROSA, a highly advanced surgical robot

ablation technology, which uses light energy to destroy the tissue causing the seizures.

To provide patients and families with ongoing support and education, the program partners with the San Diego affiliate of the Epilepsy Foundation of America, which offers expressive arts therapy, parent support groups and family education seminars.

To learn more about the Rady Children's Epilepsy Program, [click here](#).

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## Save the Date!

### Practical Pediatrics CME - Myths and Misconceptions in Pediatric Care from the Specialists Point of View

**When:** Saturday, April 16, 2016

**Where:** Atkinson Hall - UCSD

**Time:** 7:00 am - 1:00 pm (Registration & Breakfast: 7:00 am, Program begins at 8:00 am)

Topics presenting at this CME:

- *Myths and Misconceptions in Pediatric Surgery*
- *Myths and Misconceptions in Allergy/Immunology*
- *Myths and Misconceptions in Feeding and Swallowing*
- *Myths and Misconceptions in Sleeping Disorders*
- *Myths and Misconceptions in Psychiatry*
- *Myths and Misconceptions in Genetics*



For more information, please contact Berenice Lucero at [blucero@rchsd.org](mailto:blucero@rchsd.org).

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## Welcome our New Physicians

We are proud to welcome the new physicians who have joined our Medical Practice Foundation.

### **Cardiology**

Kanishka Ratnayaka, MD

### **Genetics**

Miguel Del Campo, MD

### **Neurology**

James Nelson, MD

### **Emergency Medicine**

Kathleen M. Smith, MD

Joel Traut, MD

Michaela Vigilante, MD

### **Maternal & Fetal Medicine**

Arij Faksh, DO

### **Pediatric Surgery**

Hariharan

Thangarajah, MD

### **Endocrinology**

Marcela V. Trujillo, MD

### **Neonatology**

Sandra L. Leibel, MD





## New Senior VP and Chief Financial Officer



**Kathleen Cain**

Please help us welcome **Kathleen Cain** to the Rady Children's family as our new Sr. Vice President and Chief Financial Officer. Kathleen will be responsible for all phases of our financial operations, including accounting, budgeting and patient financial services (revenue cycle).

Kathleen brings extensive healthcare experience, most recently as CFO of UCSF Benioff Children's Hospital and Research Center in Oakland. Her experience also includes having served as CFO at several other California hospitals and as Regional CFO for Hawaii Health Systems Corporation, a public benefit corporation, operating in facilities on five islands.

Kathleen earned a Bachelor's of Arts degree from Indiana University and her Master's in Healthcare Administration from Ohio State University.

Welcome Kathleen!

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## Dr. Charles Davis to Expand His Role

**Charles B. Davis, M.D.** has agreed to expand his scope of duties to serve as the Senior Vice President and Physician Leader over Care Redesign and Managed Care for Rady Children's Hospital - San Diego and Rady Children's Health Network. Dr. Davis will continue to serve as COO of Rady Children's Specialists of San Diego (RCSSD).

Dr. Davis joined Rady Children's as Vice President and COO of RCSSD in April 2013, where he led implementation of performance initiatives that resulted in significant improvements in patient access and experience across Medical Practice Foundation specialties. Prior to joining Rady Children's, Dr. Davis was the Vice President for Health Plan Design and Management at TriWest Healthcare Alliance, which included multiple Military Treatment Facilities in the TRICARE West Region. Dr. Davis is also a board certified Neonatologist. He brings strong expertise and experience in managed care, medical management and population health improvement in military contract settings, which will be indispensable in our care redesign and population health strategies.



**Dr. Charles B. Davis**

Please join us in thanking and congratulating Dr. Davis on his additional leadership role at Rady Children's.

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## New CME Medical Director



**Dr. Jeannie Huang**

Please help us welcome **Jeannie Huang, M.D., PhD** on her new role as the *CME Medical Director*. Dr. Huang joined Rady Children's in 2002 and she is involved in projects addressing chronic disease, self-management by adolescents and young adults and in programs involving weight management among obese children and their families. Her projects incorporate available mobile and internet technologies to improve patient-healthcare interactions and communications. As a research member of the Center for Wireless & Population Health Systems, Dr. Huang works with other investigators to determine how the health of individuals, families, social networks and populations can be improved through creative use of networked technologies and ubiquitous computing.

Congratulations Dr. Huang on your new role!

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## Physician Honors Congratulations to Dr. Irvin "Buzz" Kaufman



**Dr. Irvin "Buzz"  
Kaufman**

**Irvin "Buzz" Kaufman, M.D.**, Rady Children's Senior Vice President for Health Affairs and Chief Medical Officer, recently received a *Healthcare Champion Award* in the Physician category from the San Diego Business Journal. A member of the Rady Children's family since 1975, Dr. Kaufman was recognized for his distinguished 40-year career with the organization and his dedication not only to the tens of thousands of children he has cared for over four decades, but also to the entire pediatric community in this region. As his nomination states, "He has ensured that the mission, heart and soul of Rady Children's is always and will always be about putting the kids and families first and providing them with specialized pediatric medical care in an atmosphere of comfort and healing".

Congratulations Dr. Kaufman!

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## Dr. Farhad Imam receives KL2 Award

UC San Diego Clinical and Translational Research Institute (CTRI) has selected four KL2 awardees for 2015. As part of the CTRI Education program, KL2 awards provide a tailored mentored research experience to promising faculty clinical and translational researchers. CTRI received 32 applications - the highest to date - and the selection committee was impressed by the breadth of research proposed and the quality of applicants.

Congratulations to **Farhad Imam, M.D.** for being one of 2015's KL2 award recipient. Dr. Farhad's project title was *Genetic and Molecular Characterization of Hypoxia Resistance via Preconditioning for Prevention of Brain Injury in Term and Preterm Newborn Infants*.



**Dr. Farhad Imam**

[Click here](#) to view the new KL2 awardees and their research project abstracts, as well as a complete listing of the CTRI KL2 awardees.



## About Rady Children's Specialists of San Diego

We are committed not only to offering the most advanced diagnostic and therapeutic options, but also to providing responsive customer and patient service. RCSSD's physicians are pleased to provide health services ranging from one-time consultation to comprehensive treatment and follow-up, and are committed to maintaining effective communication to provide the best care.

### Our Mission

To provide specialty services that are state of the art, comprehensive and family-centered in order to improve the health and well-being of infants, children, adolescents and mothers with high-risk pregnancies.

### Our Vision

To be the premier provider of healthcare to infants, children, adolescents and mothers with high-risk pregnancies, through excellence in clinical care, research, teaching and advocacy.

