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Post-Operative Care After Tympanoplasty

1. Activity Limitations:

1. Keep the operated ear dry (especially no swimming)
2. No nose blowing
3. Reduce Physical Activities
 - PE restrictions: † None _____ days
 - No school for _____ days

2. Wound Care:

1. If present remove the ear dressing tomorrow.
2. Cotton ball in ear- Change with a clean cotton ball 2-3 times a day. Expect some bloody drainage on cotton ball for several days. Stop using the cotton ball when there is no more drainage coming out of the ear.

3. Medications:

1. Antibiotic - _____
2. Pain Medication
 - Tylenol or Ibuprofen is often all that is needed.
 - A stronger pain medication may also be prescribed such as Norco or Hycet.

3. Ear Drops

_____ , _____ for _____
drops # of drops times a day days

Begin _____

4. Diet - Regular

5. Follow-up visit _____

6. Call our office if the patient has a temperature over 103°, excessive bleeding, severe pain, swelling, or redness behind the ear.