

Matthew T. Brigger, MD, MPH
Division Chief

Morgan Bliss, MD

Daniela S. Carvalho, MD

Wen Jiang, MD

Shelby Leuin, MD

Anthony E. Magit, MD, FAAP, MPH

Javan Nation, MD

Seth M. Pransky, MD, FAAP

Advancing the future of pediatric healthcare...together.
Pediatric Otolaryngology

Post-Operative Bilateral Myringotomy With Tympanostomy Tubes

Tube Information:

Your child has had tubes inserted into the eardrum(s). These will remain in place approximately 6-18 months and then are usually rejected by the ear spontaneously. We will check your child periodically in the office until the tubes have fallen out of the eardrum and into the ear canal. The tube is easily removed from the ear canal at that time.

Post-Operative Instructions

Ear Drops: Immediately following surgery, you may be instructed to use eardrops. Please use the prescribed drops as followed:

Fellow:

_____	_____	for _____	
Drops	Times/Day	# of days	
	<input type="checkbox"/> R Ear	<input type="checkbox"/> L Ear	<input type="checkbox"/> Both

Alex Manteghi, MD

Ear Drainage:

- While the tubes are in the ears, an ear infection will present with drainage from the ear. The discharge may be cloudy, mucousy, or even bloody (not golden brown ear wax). This can often be treated with antibiotic ear drops alone, rather than oral antibiotics.
- **If drainage occurs, please use the prescribed drops:**
5 drops, 2 times a day, for 5 to 7 days; or as indicated above by your doctor.
- If the discharge persists after these drops, please call your primary care physician or our triage nurse at 858-309-7706 for further care.

Physician Assistant:

Denise M. Lago, PA-C

Water Precautions: In the past children with ear tubes were routinely recommended to use water precautions when bathing or swimming. This approach has changed and routine use of water precautions is not felt to be necessary in the majority of cases. The doctor will discuss with you what water precautions are necessary.

Main Office:

3030 Children's Way
Suite 112
San Diego, CA 92123
(858) 309-7701
(858) 966-8038 Fax

Post-Operative Pain:

Although usually not a painful procedure, acetaminophen (Tylenol, Panadol), or Ibuprofen (Motrin, Advil) can be used for any post-op discomfort.

Regional Offices:

Encinitas
(760) 944-5545
Escondido
(760) 755-7600
Murrieta
(951) 600-1640
Oceanside
(760)547-1020

Diet:

Resume regular diet

Follow-up:

Your child's post op appointment is: _____
Please see list of office numbers on the left.

If your doctor has ordered an audiogram and it has not already been scheduled, please call Speech and Hearing at (858)966-5838 to schedule.