

# The Specialist

Issue 24

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Rady Children's Specialists of San Diego  
A Medical Foundation

The Specialist Newsletter is a quarterly publication from Rady Children's Specialists of San Diego, a Medical Practice Foundation. Here we share with you the latest news about pediatric care in the community.

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**From the Desk of  
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Executive Director, RCSSD  
President, CSSD  
Dean of Children's Clinical Services,  
UCSD

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## Top Story

### Welcome Dr. John Nigro

Please help us welcome **Dr. John Nigro** as the new Division Chief of the Cardiovascular Surgery Division for Rady Children's Specialists of San Diego and Director of the Heart Institute at Rady Children's Hospital.



**Dr. John  
Nigro**

Dr. Nigro received his medical degree from the University of Illinois College of Medicine and completed his fellowship at the University of Southern California.

Dr. Nigro is a thoracic and cardiac surgeon and has been in practice for more than 20 years.

Please help us welcome Dr. John Nigro.

### Dr. Matthew Brigger now Division Chief for the Division of Otolaryngology at RCSSD

Congratulations to **Dr. Matthew Brigger** for taking on the role as Division Chief of the Otolaryngology Division. Dr. Brigger joined the Otolaryngology Division in 2015 after serving 14 years of active duty in the U.S. Navy.



**Dr. Matthew Brigger**

Dr. Brigger is a prolific investigator and teacher with over 50 publications and has given over 50 invited presentations at national and international meetings. He is a strong proponent of delivering care that is based on the best available research and has been named as a Cochrane Scholar of the American Academy of Otolaryngology - Head and Neck Surgery for his commitment to evidence based medicine.

Congratulations Dr. Brigger on your new role.

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## In the News - Rady Children's achieved Magnet Status!

Rady Children's Hospital achieved Magnet recognition in January as a reflection of its nursing professionalism, teamwork and superiority in patient care. The American Nurses Credentialing Center's [Magnet Recognition Program](#) distinguishes organizations that meet rigorous standards for nursing excellence.



With this credential, Rady Children's joins the global community of Magnet-recognized organizations. Just 448 U.S. health care organizations out of over 6,300 U.S. hospitals have achieved Magnet recognition.

To see full story, [click here](#).

In The News is a digital newsletter featuring recent news coverage of Rady Children's, internally-produced videos and highlights from social media. [click here](#) to see the latest issue.

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## Mid-City Behavioral Health Urgent Care Now Open

Rady Children's opened its new Behavioral Health Urgent Care (BHUC) in December 2016, which serves children ages 5-17 (covered by Medi-Cal and private insurance) in the Mid-City (San Diego) community and surrounding area. The BHUC is for children, teens and their families struggling with urgent emotional and/or behavioral concerns that pose a risk to their safety or the safety of others. A walk-in clinic is available from 4 -8 p.m., Monday through Friday; daytime hours from 9 a.m.-4 p.m. are available for appointments for crisis and case management, and referrals to community providers and resources for follow-up treatment.



The goal of the urgent care is to provide prompt access to risk assessment and crisis intervention to minimize the need for children and teens to be sent to the emergency department or psychiatric hospitals. This program has been made possible by a generous grant from Price Philanthropies. For more information, [click here](#).

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## Developmental and Behavioral Services now available in Torrey Hills

Rady Children's Hospital's Division of Developmental Services is proud to announce new satellite location dedicated to serving the children and families of North San Diego County. The Torrey Hills facility offers a full range of developmental and behavioral services to identify, evaluate and treat infants, children and adolescents with delays, disabilities and injuries, and a specialized multidisciplinary autism program.



For more information about the services being offered at Torrey Hills, [click here](#).

## Orthopedic Services now available in Oceanside

Rady Children's Hospital offers a full range of orthopedic services at our North Coastal Center in Oceanside, focusing on the unique musculoskeletal needs of growing children and adolescents. Our renowned orthopedic specialists treat the full scope of orthopedic disorders and conditions, including traumatic injuries and sports injuries. Cutting-edge technology is used to provide the safest and most accurate diagnosis, along with highly advanced surgical techniques to offer the best possible treatment.



You can find more information by [clicking here](#) or to schedule an appointment, please call 858-966-6789.

## San Diego Perinatal Services at Rancho Springs Medical Center - Coming Soon!

Beginning in April 2017 obstetricians can refer high-risk moms-to-be to the Comprehensive Prenatal Center at Rancho Springs Medical Center. Staffed by maternal-fetal experts from Rady Children's Specialists, a division of Rady Children's Hospital-San Diego, the Center offers the following services for both outpatients and inpatients:

- Consultations
- Non-stress testing
- Comprehensive ultrasounds
- Fetal echocardiograms
- Amniocentesis and other genetic testing
- Chorionic villus sampling (CVS)
- First trimester screening/nuchal translucency screening
- California prenatal screening tests (for positive AFP referrals)
- Genetic counseling

Perinatologists provide consultation and diagnostic services on behalf of obstetricians and other healthcare professionals.

San Diego Perinatal Services at Rancho Springs is located at 25500 Medical Center Drive, Murrieta, 92562.

Appointment/Patient Line: 858-966-6710

Physician to Physician Line: 877-431-7372

For more information visit [SanDiegoPerinatalCenter.com](http://SanDiegoPerinatalCenter.com)



## Pioneers Memorial Healthcare District Partners with Rady Children's Hospital

A management agreement has been signed between Pioneers Memorial Healthcare District (PMHD) and Rady Children's Hospital-San Diego (RCHSD) which will provide management services to the Pediatric and Neonatal Intensive Care Units at Pioneers Memorial Hospital.



Under the new agreement, Rady Children's will provide a medical director and a nursing leader to deliver clinical administrative services. Also the agreement stipulates all hospital beds remain under PMHD license and Rady Children's is responsible for medical management.

This new agreement will improve communications and clinical guidelines between the two facilities which will allow the very best quality of care to children.

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### RCHSD Medical Office Building Under Construction

Beginning **February 1, 2017 through December 2017**, the second and fourth floors of the Medical Office Building (MOB) located at 3030 Children's Way, San Diego will be under construction as we convert these floors to clinic space.



There will be **no** access to these floors during construction. Access to the first and third floors remains available.

**Thank you for your patience as we continue to build a better Rady Children's!**

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### The Heroism Of Incremental Care

Read a great article by Atul Gawande in the New Yorker about "*The Heroism of Incremental Care*". Where he talks about "devoting vast resources to intensive, on-off procedures, while starving the kind of steady, intimate care that often helps people more".



To read the full article, [click here](#).

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### Practical Pediatrics CME - Registration Now Open!

Mark your calendars, Rady Children's Specialists of San Diego will be hosting their next **Practical Pediatrics CME on April 22**. The CME will be held in the new Education Office Building located on the main campus of Rady Children's Hospital.



For those living in the Southern Riverside or Imperial County area, we will be offering a live streaming option right in your neighborhood. [Click here](#) for more information.

**When:** Saturday, April 22, 2017

**Where:** Education Office Building (New Location!)  
7960 Birmingham Drive, San Diego 92123

**Time:** 7:30 am - 1:30 pm  
7:30 am - 8:00 am - Registration and Breakfast  
8:00 am - Program begins

Presentations on the following topics: Allergy & Immunology; Cardiology; Endocrinology; Orthopedics and Otolaryngology.

[Click here](#) for information on how to register.

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## 2nd Annual Frontiers in Pediatric Genomic Medicine

Please join us for an informative and exciting conference focusing on Pediatric Genomic Medicine.

**When:** April 24-26, 2017

**Where:** Robert Paine Scripps Forum for Science Society and the Environment, 8610 Kennel Way, La Jolla

**Keynote Speaker:** Hans Hilger Ropers, MD



For more information, [click here](#) or go to [www.rchsd.org/GenomicsConference](http://www.rchsd.org/GenomicsConference)

For questions, please contact: [genomicsconference@rchsd.org](mailto:genomicsconference@rchsd.org)

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## Innovations in Specialty Newsletters

Rady Children's Hospital began creating Innovations in Specialty Newsletters which features the latest news and updates from different specialty divisions. To date, we have created newsletters from the following divisions:

- Cancer & Blood Disorders
- Cardiology and Heart Surgery
- Diabetes and Endocrinology
- Gastroenterology & GI Surgery
- Neonatology
- Neurology & Neurosurgery
- Orthopedics
- Otolaryngology
- Pulmonology
- Urology



[Click here](#) to see copies of all of the Innovations in Specialty Newsletters.



## Physician Honors Congratulations to Dr. Anthony Magit

Congratulations to **Dr. Anthony Magit** for receiving the Sylvan Stool Teaching Award at the 43rd Annual Society for Ear, Nose and Throat Advances in Children (SENTAC) meeting in Orlando.

SENTAC awards this annual recognition to a member of the otolaryngology community who exemplifies the strong education philosophy of Sylvan Stool, one of the nation's first pediatric ear, nose and throat doctors.



**Drs. Anthony Magit (left) with Sylvan Stool**

Congratulations Dr. Magit on this amazing recognition!

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## Dr. Steven Bickler invited as a Keynote Speaker at the APSA Annual Meeting

Congratulations to **Dr. Stephen Bickler** who has been invited as a keynote speaker at the 2017 APSA Annual Meeting. Dr. Bickler will present the Robert E. Gross Lecture: "*Out of Africa: Insights from a prospective Pediatric Surgery Database*".

The APSA Annual Meeting is the forum for discussion on the current- and future-state of pediatric surgery. For more information, [click here](#). Congratulations Dr. Bickler!



**Dr. Stephen Bickler**

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## Congratulations to the Young Investigator Award Recipients!

Please help us in congratulating the *Young Investigator Grant Recipients* from the Surgical Research Fund.

**Dr. David Gonda** - Neurosurgery  
*Brain Mapping by Intracranial Depth Electrode Recordings of Epilepsy Patients*

**Dr. Javan Nation** - Otolaryngology  
*Home Sleep Testing for Pre and Post Operative Assessment of Obs. Sleep Apnea in Obese Teenagers*

**Dr. Hari Thangarajah** - Pediatric Surgery  
*Optimizing the Use of Serum D-dimer as a Screening Tool for Diagnostic Imaging in Pediatric Head Trauma*

**Dr. Salil Upasani** - Orthopedic Surgery  
*Assessment of Novel Surgical Techniques for Legg-Calve-Perthes Disease Using Advance Imaging and 3D Prints*

Congratulations on your achievements!

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## About Rady Children's Specialists of San Diego

We are committed not only to offering the most advanced diagnostic and therapeutic options, but also to providing responsive customer and patient service. RCSSD's physicians are pleased to provide health services ranging from one-time consultation to comprehensive treatment and follow-up, and are committed to maintaining effective communication to provide the best care.

### Our Mission

To provide specialty services that are state of the art, comprehensive and family-centered in order to improve the health and well-being of infants, children, adolescents and mothers with high-risk pregnancies.

### Our Vision

To be the premier provider of healthcare to infants, children, adolescents and mothers with high-risk pregnancies, through excellence in clinical care, research, teaching and advocacy.

