

The Specialist

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Rady Children's Specialists of San Diego
A Medical Foundation

The Specialist Newsletter is a quarterly publication from Rady Children's Specialists of San Diego, a Medical Practice Foundation. Here we share with you the latest news about pediatric care in the community.

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**From the Desk of
Herbert C. Kimmons MD, MPP**
Executive Director, RCSSD
President, CSSD
Dean of Children's Clinical Services,
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Top Story

Rady Children's Ranks Among the Nation's Best

We are proud to announce that U.S. News & World Report has once again ranked Rady Children's Hospital among the best children's hospitals in the country in all 10 pediatric specialties surveyed.



Among 10 specialties surveyed, two of our programs received top five national recognition: No.3 - Orthopedics and No.5 Neonatology.

Rady Children's 2017-18 Rankings:

Orthopedics - #3
Neonatology - #5
Neurology & Neurosurgery #14
Diabetes and Endocrinology - #15
Cardiology & Heart Surgery - #17
Urology - #22
Cancer - #23
Nephrology - #25
Pulmonology - #26
Gastroenterology #34

While every day we work to provide the highest level of care to our patients across all of our programs and specialties, this recognition is truly an acknowledgement of the entire Rady

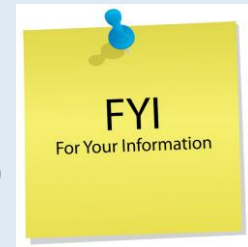
Children's family whose commitment to excellence transforms even the smallest of lives.

To view all USN&WR rankings, [click here](#).

Referring to Rady Children's Gynecology Clinic?

When making a referral to Rady Children's Gynecology Clinic please:

- Remind the patient they need to make their appointment at Dr. Akilah Weber's **Rady Children's office located at 7920 Frost Street, Suite 200, San Diego 92123** (**NOT** at her UCSD office).
- DO NOT make a referral to BOTH Gynecology and Endocrinology for the same problem (such as irregular menstruation). Refer to **EITHER** Endocrine or Gynecology.



For more information, [click here](#).

New Visitor Badging Requirements at Rady Children's Hospital

With the health and safety of patients, families, visitors and staff as a top priority, new visitor badge requirements are in place at the Acute Care, Hahn, Nelson Family and Rose pavilions on the main campus of Rady Children's Hospital. All guests 18 and older who wish to visit a clinical area at the hospital must present a government-issued ID to receive a Visitor Badge. If a guest does not have a photo ID, including international visitors, the Information Desk will gather the guest's information and photo. Security is now comparing visitor information with the Megan's Law public registry and reserves the right to restrict visitor access to the hospital as appropriate. The NEW visitor badges feature the guests' photo, full name, date of visit and intended destination of visit.



All visitors must wear their badge at all times. Please direct questions about visitor access and badging to Rady Children's Security at 858-966-8103.

New Aerodigestive Clinic

Earlier this year, Rady Children's Hospital-San Diego launched the multidisciplinary **Aerodigestive Clinic**, bringing together specialists in gastroenterology, pulmonology, and otolaryngology to provide diagnosis and management of a variety of disorders involving the respiratory and digestive systems. These specialists are **Hayat Mousa, M.D.**, from the Division of Gastroenterology, Hepatology & Nutrition; **Daniel Lesser, M.D.**, and **Annabelle Quizon, M.D.**, from the Division of Respiratory Medicine; and **Matthew Brigger, M.D., M.P.H.**, from the Division of Otolaryngology.



The conditions treated at the clinic include aspiration syndrome, feeding difficulties, failure to thrive, genetic syndromes associated with airway and/or gastrointestinal morbidities, congenital airway abnormalities, chronic cough and recurrent pneumonia. About 50 patients have been seen to date, with parents providing extremely positive feedback, especially regarding the collaborative care approach and ease of obtaining a treatment plan in one visit. Healthcare costs are also reduced by an efficient use of resources, performing procedures in a single visit and/or under a single anesthesia session.

Ongoing activities and upcoming plans include developing and refining clinic protocols, maintaining a patient registry/database that can provide resources for research questions, attending regional, national and international aerodigestive conferences, and including additional specialties in patient care, such as speech therapy, occupational therapy, radiology, surgery and anesthesia.

The clinic seeks to collaborate with other aerodigestive programs in California, such as those at Children's Hospital Los Angeles and Lucile Packard Children's Hospital Stanford, particularly on research. Benchmarking will also be used to evaluate how the clinic compares to these programs.

For more information, [click here](#).

Rady Children's Audiology Department Celebrates New Richter Family Clinic for Balance Disorders

The Richter Family Clinic for Balance Disorders recently opened its doors to treat children with vestibular disorder and other sensorineural hearing loss issues. Rady Children's is among only eight pediatric hospitals in the nation and the only pediatric hospital on the west coast with the ability to assess and also treat children experiencing this condition. The clinic is located at the Rady Children's Health Services Building, 3665 Kearny Villa Rd., Ste. 400, San Diego, 92123 (formerly known as the Rady Children's Plaza).



For more information, [click here](#).

Orthopedic Services now available in Oceanside

Rady Children's Hospital offers a full range of orthopedic services at our North Coastal Center in Oceanside, focusing on the unique musculoskeletal needs of growing children and adolescents. Our renowned orthopedic specialists treat the full scope of orthopedic disorders and conditions, including traumatic injuries and sports injuries. Cutting-edge technology is used to provide the safest and most accurate diagnosis, along with highly advanced surgical techniques to offer the best possible treatment.



You can find more information by [clicking here](#) or to schedule an appointment, please call 858-966-6789.

RCHSD Medical Office Building - Construction Update

The completion of the Rady Children's Medical Office Building (MOB) Renovation Project will allow for multi- specialty clinics to be centrally located within the Main San Diego campus.



The RCHSD Medical Office Building was originally built in 1990 as a four story, 81,000sf building. The building remains substantially as originally constructed with the major exception being the third (3rd/Level 3/L3) floor renovation completed in 2013. The 3rd floor houses the OSHPD 3, fully licensed, high volume Orthopedic Specialty Clinic. HMC Architects was contracted to provide design services for the Project.

The work will be completed in two phases, allowing for construction of the improvements per plan while leaving the existing clinical spaces surrounding areas of work fully operational. There shall be no disruption of services or access to patients for areas remaining in operation during construction. All systems serving occupied areas are to remain fully operational during construction.

Thank you for your patience as we continue to build a better Rady Children's!

Save the Date - Practical Pediatrics CME

Mark your calendars, Rady Children's Specialists of San Diego will be hosting their next **Practical Pediatrics CME on Saturday, October 28**. The CME will be held in the Education Office Building located on the main campus of Rady Children's Hospital.

When: Saturday, October 28, 2017

Where: Education Office Building (New Location!)
7960 Birmingham Drive, San Diego 92123



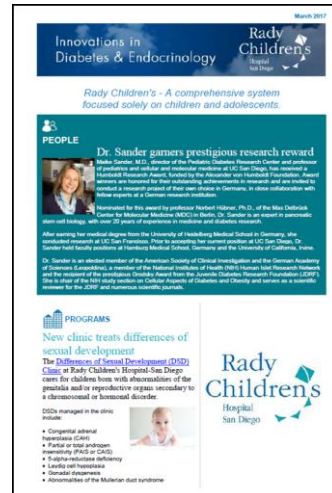
7:30 am - 8:00 am - Registration and Breakfast
8:00 am - Program begins

More information Coming Soon!

Innovations in Specialty Newsletters

Rady Children's Hospital began creating Innovations in Specialty Newsletters which features the latest news and updates from different specialty divisions. To date, we have created newsletters from the following divisions:

- Cancer & Blood Disorders
- Cardiology and Heart Surgery
- Diabetes and Endocrinology
- Gastroenterology & GI Surgery
- Neonatology
- Neurology & Neurosurgery
- Orthopedics
- Otolaryngology
- Pulmonology
- Urology



[Click here](#) to see copies of all of the Innovations in Specialty Newsletters.

Welcome New Staff

We are proud to welcome the new physicians who have joined our Medical Practice Foundation.

Emergency Care

Salil Chitnis, MD
Ariel Cohen, MD
Michael Gardiner, MD
Geoffrey Jackman, MD
Katherine Mandeville, MD
James Martin, MD
Fareed Saleh, MD
Jackson Vane, MD

Cardiology

Jessica Haley, MD
Aparna Rao, MD
Rohit Rao, MD
Jesse Stringer, MD
David Werho, MD

Neonatology

Jeanne Carroll, MD
Laurel Moyer, MD
Patricio Fernandez, MD
Audra Wise, MD

Orthopedics

Kathleen Rickert, MD

Pediatric Hospital Medicine

Maria Huang, MD



Physician Honors

Dr. Gail Knight Honored as a "Remarkable Woman of UC"

Dr. Gail Knight, Sr. VP and Chief Medical Officer at Rady Children's, was selected as one of the 13 women from across 10 University of California campuses as a champion in her field. These incredible women are being featured in a descriptive poster exhibit.

Dr. Knight, who earned her medical degree at UC San Diego, has spent 25 years practicing medicine at Rady Children's and was instrumental in bringing many initiatives to fruition, including forming neonatal intensive care units at Rancho Springs Medical Center and Scripps Mercy Hospital San Diego.



Dr. Gail Knight

Congratulations Dr. Knight!

Dr. Lawrence Eichenfield to Chair Novan Dermatology Advisory Council

Novan announced it has formed an advisory council comprised of key opinion leaders in the field of dermatology, which will be led by Dr. Lawrence Eichenfield.

Dr. Eichenfield, will chair the council, which will focus on expanding nitric oxide therapies in dermatology, according to a news release from Novan.

For the full story, [click here](#).



Dr. Lawrence Eichenfield

Scoliosis Research Society names Dr. Peter Newton Whitecloud Award Winner

The Scoliosis Research Society honored two surgeons, including Dr. Peter Newton, with the 2017 Whitecloud Award at the Scoliosis Research Society's 2017 International Meeting on Advanced Spine Techniques in South Africa.

Dr. Newton received the clinical award for his paper titled "2-Year Outcomes of Spinal Growth Tethering vs. Posterior Spinal Fusion for Scoliosis Flexibility vs. Reliability."

To see full story, [click here](#).



Dr. Peter Newton



About Rady Children's Specialists of San Diego

We are committed not only to offering the most advanced diagnostic and therapeutic options, but also to providing responsive customer and patient service. RCSSD's physicians are pleased to provide health services ranging from one-time consultation to comprehensive treatment and follow-up, and are committed to maintaining effective communication to provide the best care.

Our Mission

To provide specialty services that are state of the art, comprehensive and family-centered in order to improve the health and well-being of infants, children, adolescents and mothers with high-risk pregnancies.

Our Vision

To be the premier provider of healthcare to infants, children, adolescents and mothers with high-risk pregnancies, through excellence in clinical care, research, teaching and advocacy.

