



GUACAMOLE

SERVES 4, VEGAN

Ingredients

3 AVOCADOS, RIPE, SEEDED, PEELED

1 LIME, JUICED

1 TEASPOON SALT

1/4 TEASPOON PEPPER

1 TEASPOON GRANULATED GARLIC

1/2 CUP DICED TOMATOES

1/2 CUP DICED ONIONS

2 TABLESPOONS CHOPPED FRESH CILANTRO

1 JALAPENO CHILI PEPPER, SEEDS AND RIBS REMOVED, MINCED

Method

IN A LARGE BOWL, MASH TOGETHER AVOCADOS, LIME JUICE, SALT AND PEPPER. ADD REMAINING INGREDIENTS; STIR TO COMBINE. SALT AND PEPPER TO TASTE.

SERVE RIGHT AWAY OR STORE COVERED REFRIGERATED UNTIL READY TO SERVE.

