



HUMMUS

SERVES 4 AS A SIDE DISH, VEGETARIAN, GLUTEN FREE

Ingredients

2 CUPS GARBANZO
BEAN (DRAINED)

1/3 CUP TAHINI

1/4 CUP LEMON JUICE

1 TEASPOON SEA SALT

2 CLOVES GARLIC (MINCED)

1 TABLESPOON OLIVE OIL

PAPRIKA (TO TASTE)

Method

PLACE ALL INGREDIENTS IN A FOOD
PROCESSOR AND BLEND UNTIL
SMOOTH.

