

# Case Study

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# Birth history; Case #1

- 4 year old
- Unremarkable birth history
- Newborn hearing screening:
  - Refer x4 in the right ear
  - Passed each time in the left ear



# BER results; Case #1

- 1st diagnostic BER test results at 2 months  
Click: 50dB  
500 Hz: 50 dB
- Abnormal right ear immittance
- Slit like, possibly collapsing canal noted on right



# ENT and Audio follow up

- First ENT consultation:
  - ❖ Right ear serous effusion

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- Repeat BER testing indicated:
  - ❖ 30 dB click
  - ❖ 30 dB ASSR 500-4000 Hz
- Abnormal right immittance

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- Scheduled for tympanostomy tubes but the parents canceled as they did not want for him to go under anesthesia

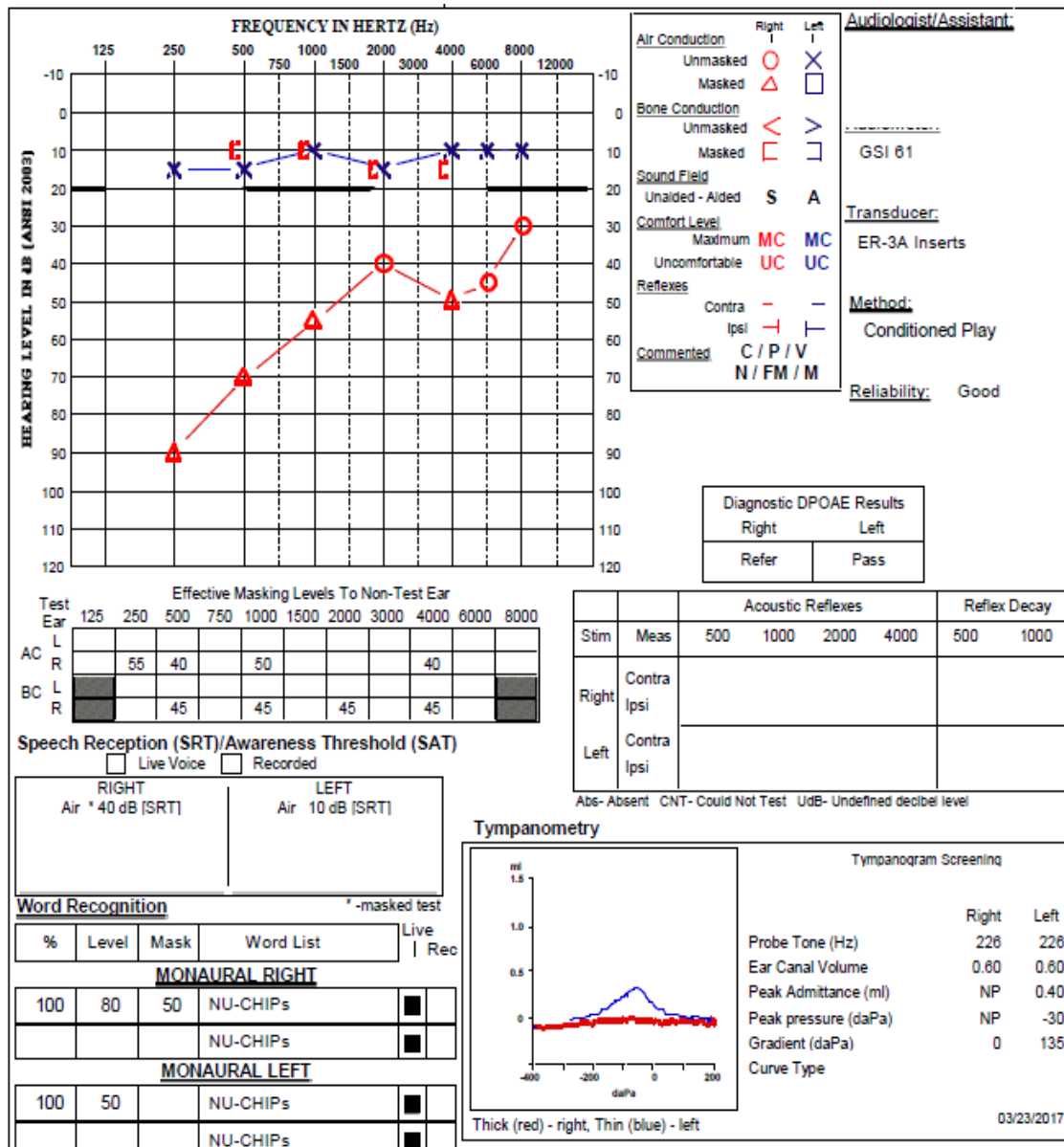


# ENT findings

- Granulation tissue obstructing the right ear canal (unable to assess middle ear) and prescribed Ciprodex drops
- Continued to have copious inflammatory tissue obstructing the right TM
- Concern for cholesteatoma



# Audiometric findings



# CT Scan temporal bones

- Complete opacification of the right mastoid air cells and middle ear cavity
- Soft tissue opacification of the osseous portion of the right external auditory canal
- Bony destruction involving the mastoid air cells and anterior wall of the right external auditory canal, with likely additional destructive changes about the right incus and malleus
- Differential diagnosis:
  - Congenital cholesteatoma versus Langerhans cell histiocytosis



# Biopsy findings

- **Rhabdomyosarcoma**

*(embryonal, stage IV)*

- Approximate 4.2 x 2.4 cm homogeneous enhancing erosive soft tissue mass centered within the right temporal bone and extending throughout the right external auditory canal and middle ear
- Associated early erosion through the right tegmen and floor of the right middle cranial fossa, and involvement of the overlying dura





# Rhabdomyosarcoma

Rhabdomyosarcoma (RMS) is a **malignant** tumor that arises from a normal skeletal muscle cell.

Because skeletal muscle cells are found in virtually every site of the body, RMS can develop in almost any part of the body.



# Rhabdomyosarcoma

- Sarcomas are cancers that develop from connective tissue in the body
- Rhabdomyosarcoma is the most common soft tissue sarcoma of childhood and adolescence
- More commonly found in
  - head/neck area (near eyes or nasal sinuses)
  - reproductive organs
  - trunk (arms and legs)
- **Uncommon in the middle ear**

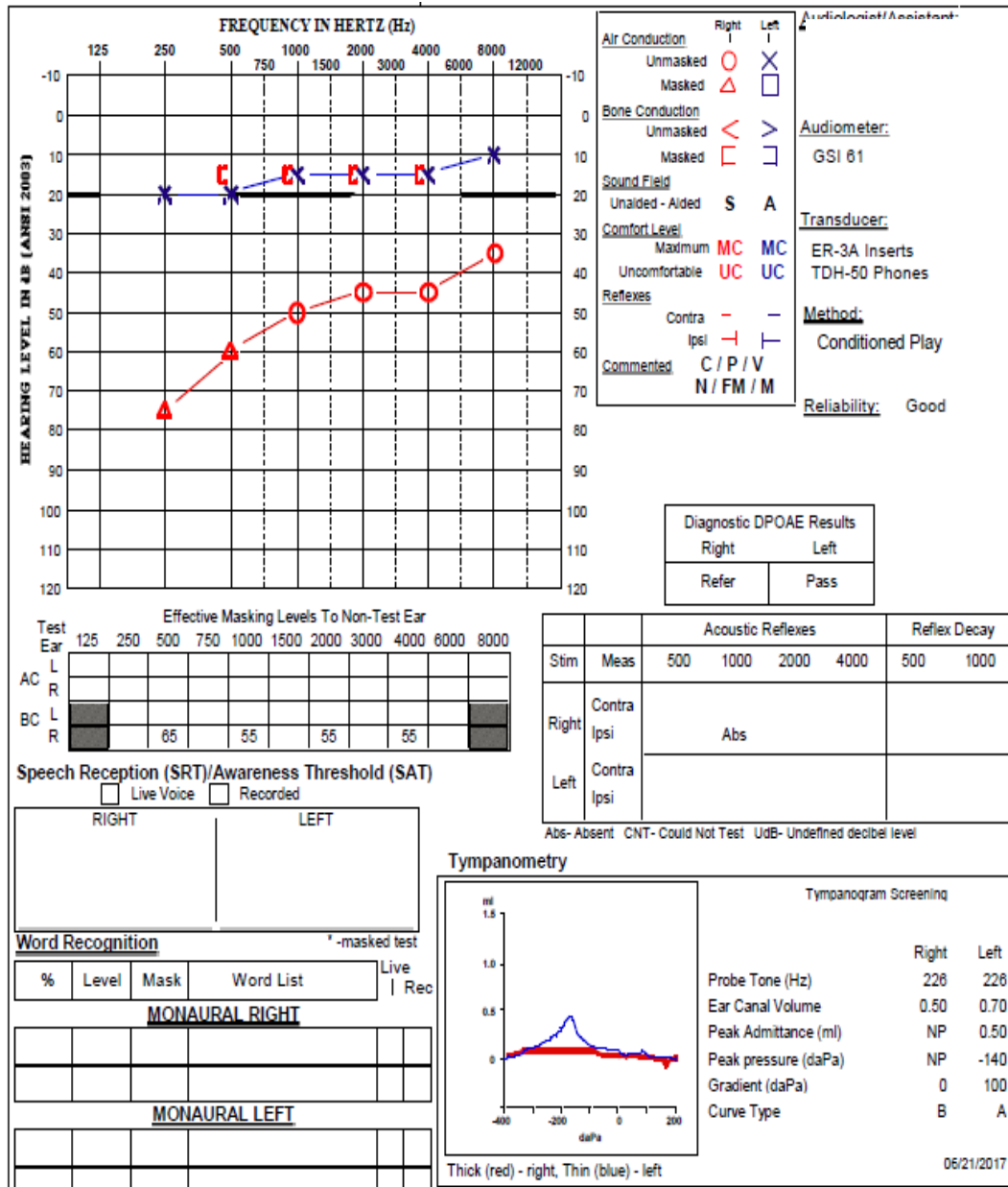


# Medical Treatment

- Antineoplastic chemotherapy (Vincristine)
- Proton beam therapy



# 3 months later

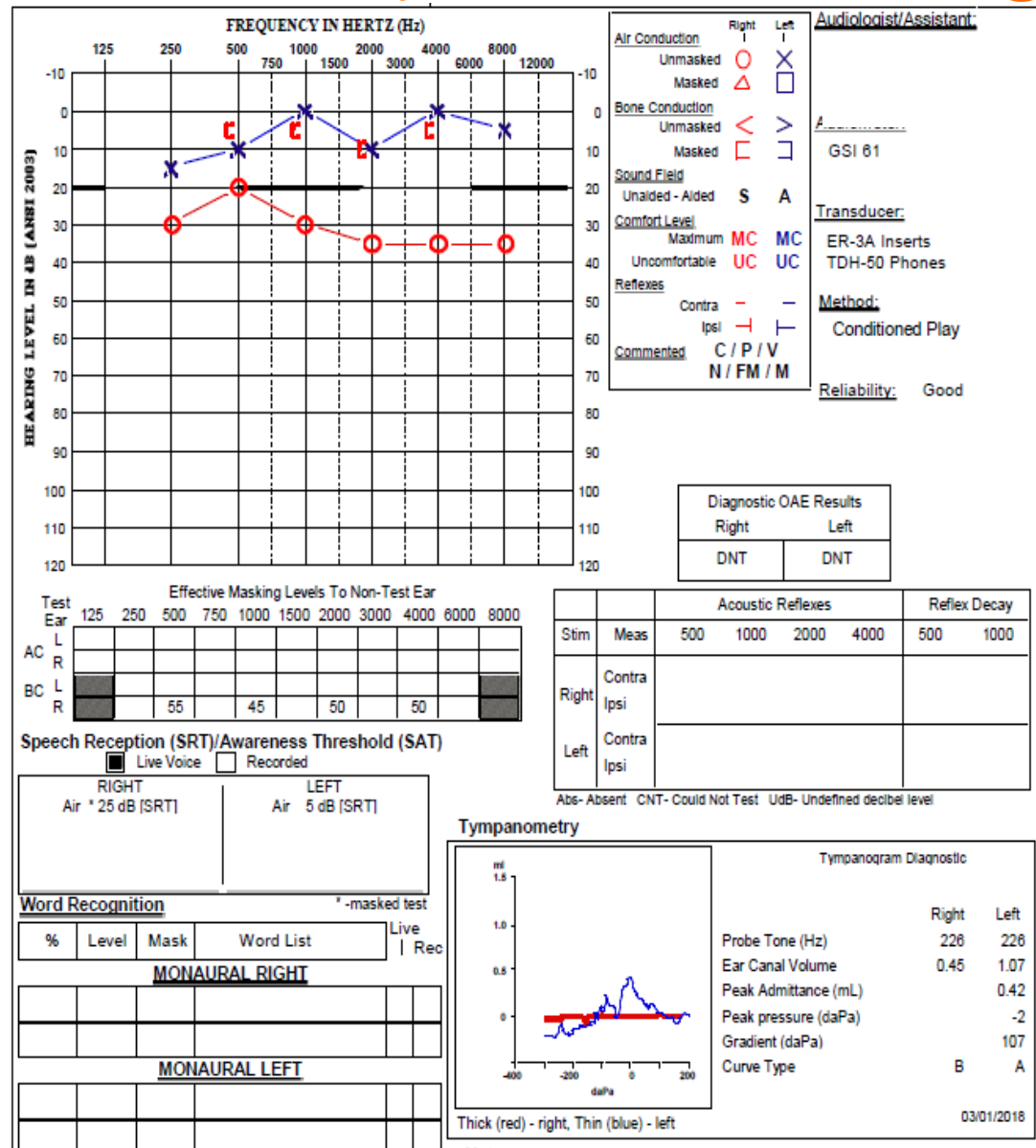


# Audiologic Management

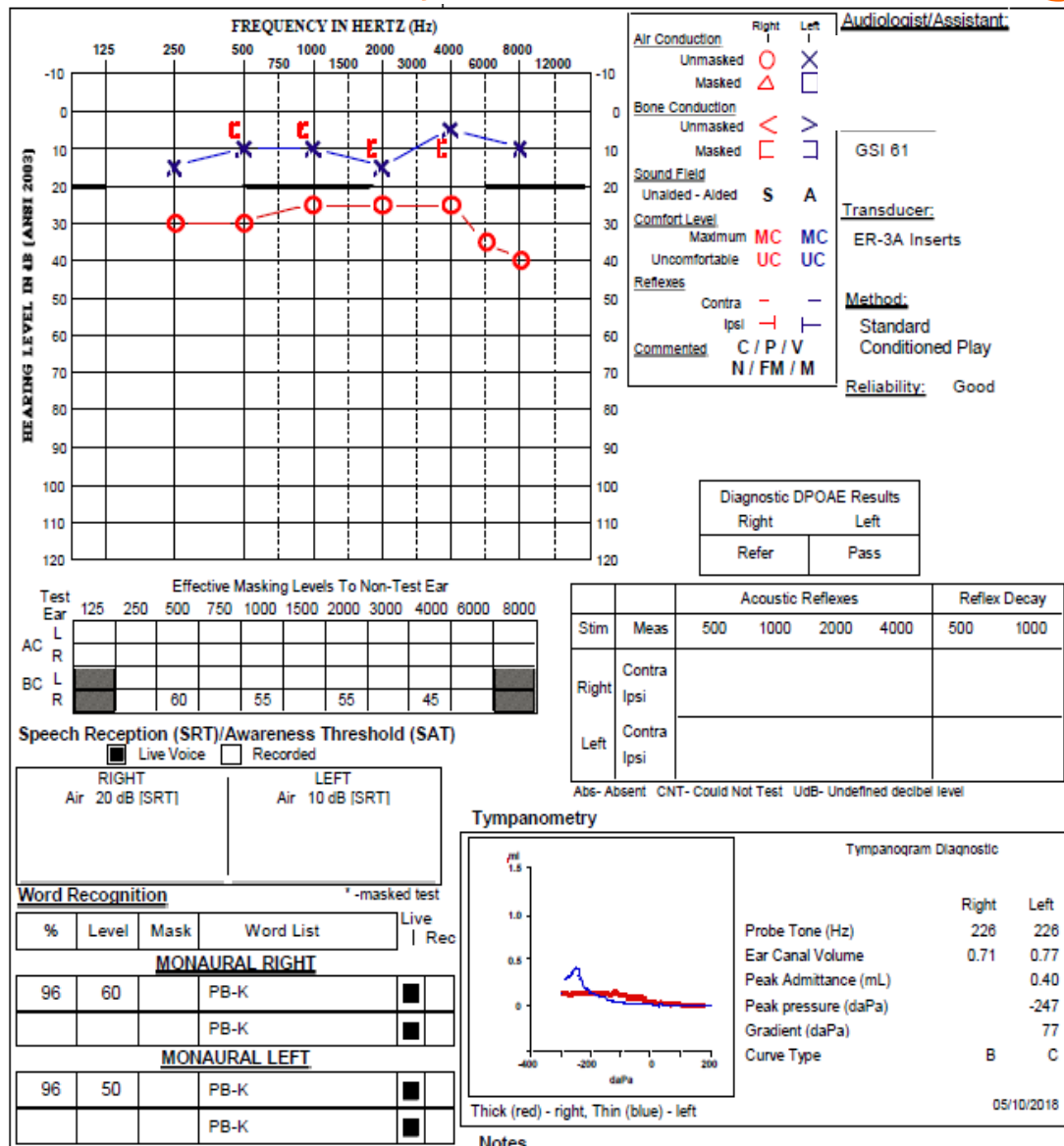
- Hearing aid consultation
- Right hearing aid fitting



# 5 months post HA fitting



# 7 months post HA fitting

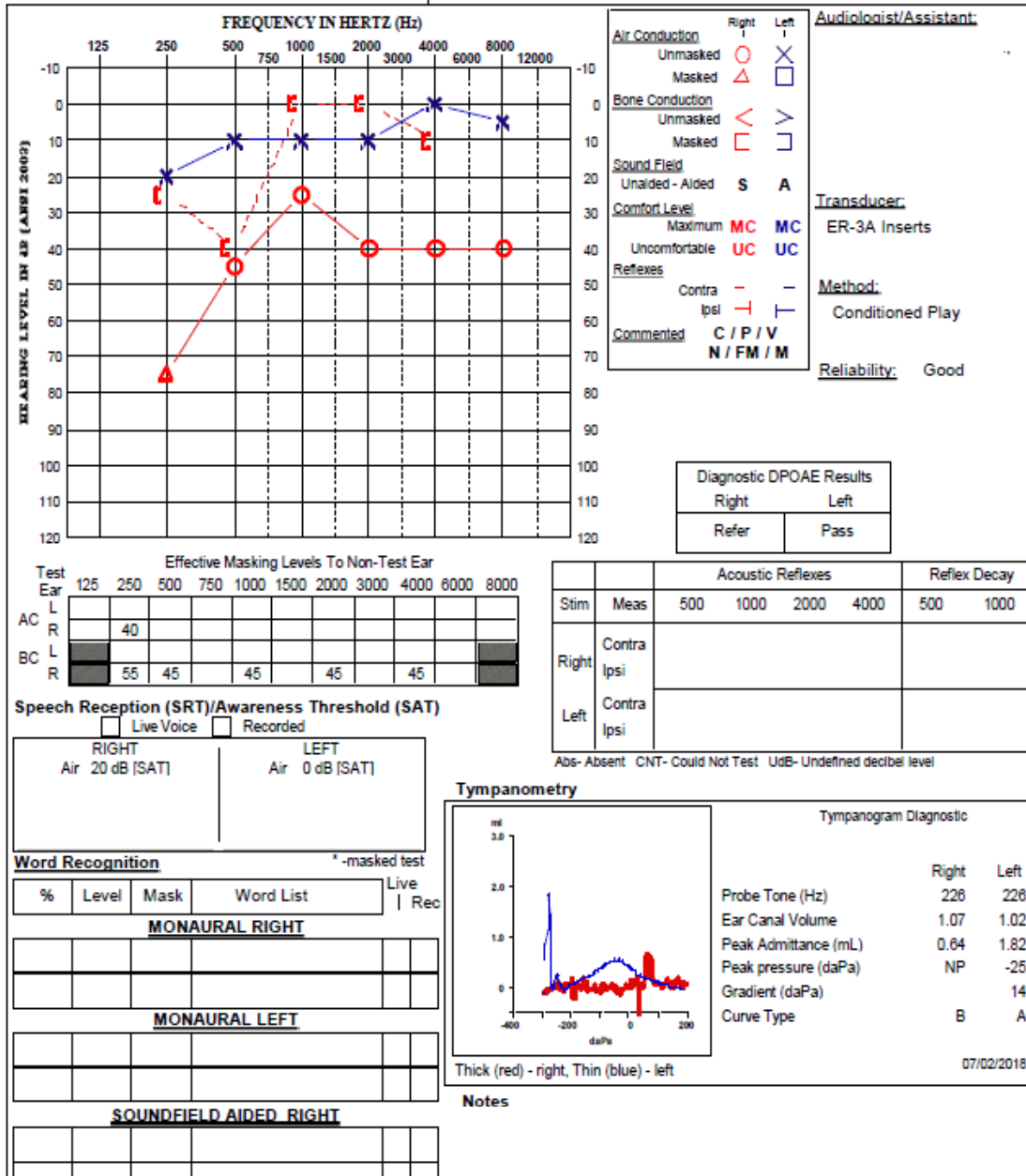


## Case #2

- 4 year old
- Imaging ordered after about a month of foul discharge from right ear that did not respond to irrigation or antibiotics
- Temporal bone CT and MRI obtained in China







## Case #2

Diagnosis:

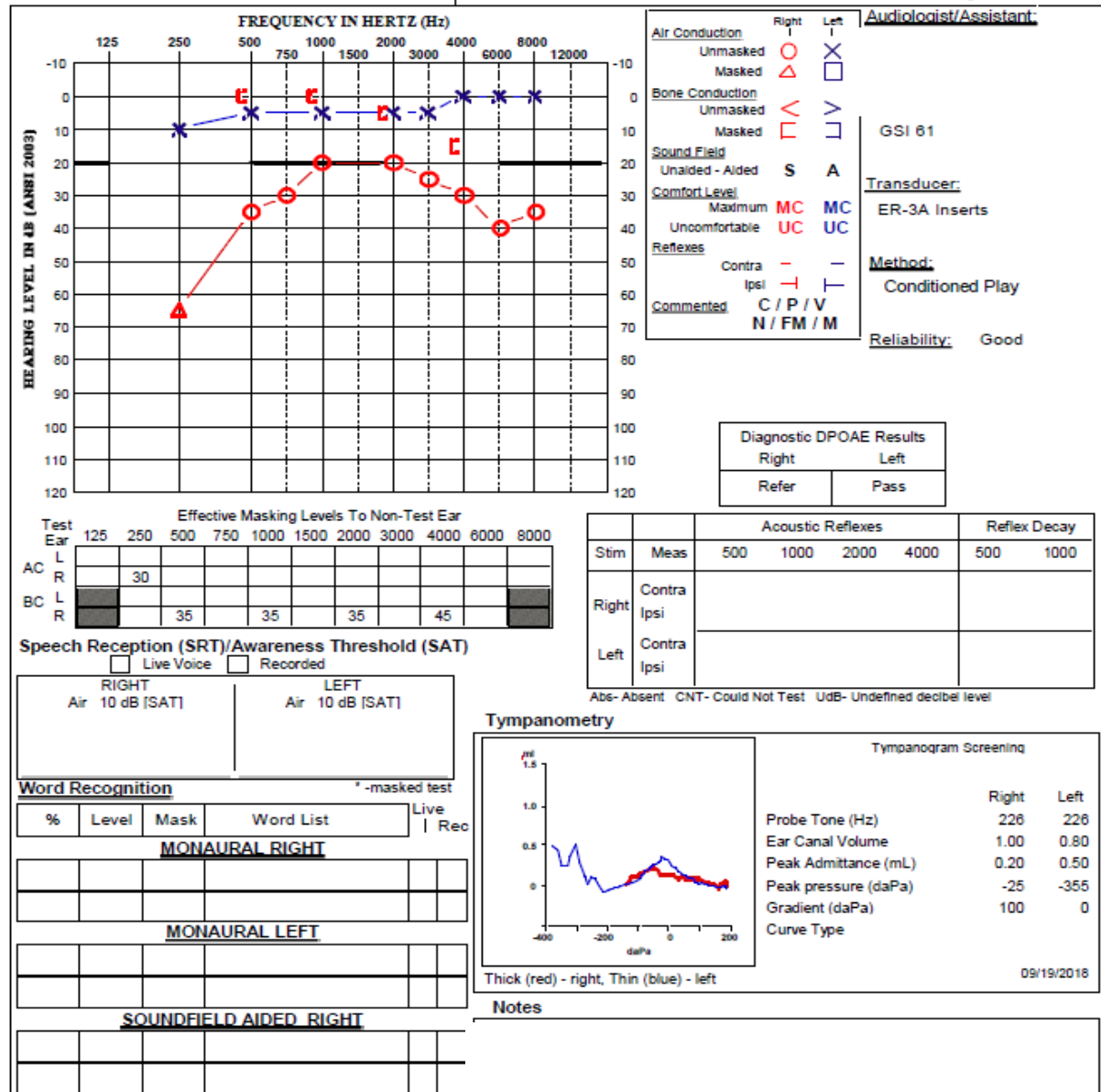
**Embryonal rhabdomyosarcoma of the right temporal bone/middle ear/mastoid.**

Treatment:

- Chemotherapy (Vincristine)
- Proton beam therapy
- Repeat imaging with PET/CT scan after induction chemotherapy that showed no PET avid lesions and near resolution of soft tissue mass



# Latest audiogram



# Recommendations

- Hearing aid consultation completed
- Earmold impression, hearing aid fitting and follow up appointments scheduled
- Stringent audiologic monitoring
  - Status of mass after treatment
  - Chemotherapy changes
  - History of radiation



# Rhabdomyosarcoma

- Rhabdomyosarcomas comprise three distinct histologic subtypes: embryonal, alveolar, and pleomorphic
- Embryonal type is the most common one found in the head and neck
- Of all childhood rhabdomyosarcomas, approximately 30%-50% occur in the head and neck
- The most common locations in the head and neck include the nasopharynx and orbits

J Surg Case Rep. 2012 Oct; 2012(10): 9.

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PMCID: PMC3649646

PMID: 24960749

Rhabdomyosarcoma in middle ear of an adult: a rare presentation

S Bhargava, M Grover, J Mehta, and V Maheshwari



# Incidence of RMS

- Approximately 4-7 cases per million
- Most RMS are diagnosed in children and teens
- More than half are in children younger than 10
- Peak incidence is the 0-4 year old age range
- About 3% of all childhood cancers are RMS
- Slightly more common in boys than girls
- Only 7% of RMS arise in the middle ear



# Considerations

- Rhabdomyosarcoma is the most common soft tissue sarcoma in the pediatric age group
- Rhabdomyosarcoma of the temporal bone is an aggressive tumor that clinically simulates chronic otitis media
- A high index of suspicion should be raised in the context of otitis media that is unresponsive to ordinary medical treatment



The End