

Tips for a Successful Video Visit



Parent and Patient Present

If the patient is under 18 years old, the parent / guardian and patient are required to both be present for the video visit.



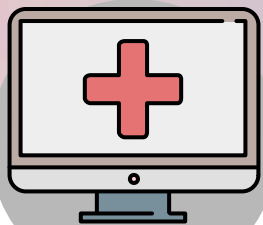
Good Lighting

Conduct the video visit in a well-lit room. Bright light, such as from a window, should be in front of you, not behind you, so your doctor can see you clearly.



Medications Ready for Review

Either have the medications themselves or a list of all medications your child takes, the doses and how often.



Prep for the Visit

Ahead of your visit, write down questions you'd like to ask the provider. Also, ensure you enable camera, microphone and speaker on the phone or computer you will be using for the visit.



Be in a Private Setting

Make sure the space is quiet and private so you can focus on the visit and discuss personal medical information.



Symptom List

Have a list of your child's symptoms, including how long they have occurred, how severe they are and whether they are getting better, worse or staying the same.

For more information, visit:

<https://www.rchsd.org/programs-services/video-visits-telemedicine/>